



SOUTH JOHNSTONE STATE SCHOOL
NEWS 'N' VIEWS



ISSUE 01, 23RD JANUARY 2018

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Building a Better Future

Dates to Remember

Date	Event
29th Jan to 8th Feb	LEARN TO SWIM
31st Jan	MEET & GREET & Q PARENTS INFO
2nd Feb	PARADE
16th Feb	LIFE EDUCATION
14th March	DENISE MORCOMBE VISIT (Daniel Morcombe's Mother)

SWIMMING 2018

WHAT TO BRING

- ⇒ Swim Bag
- ⇒ Togs/Swim Shirt Rashie
- ⇒ Towel
- ⇒ Sunscreen & Hat
- ⇒ Plastic bag for wet clothes

WELCOME BACK!

Just a quick note to inform you of some important dates coming up this term. I trust you all had a great holiday.

Firstly, welcome to all our new families I know that you will enjoy South Johnstone State School as we all do.

LEARN TO SWIM PROGRAM 2018

Swimming starts this coming Monday 29th January. Students will travel by bus to the town pool at 1pm and return by 2.45pm. Permission forms and what to bring is attached to this newsletter. Any questions or concerns, please contact the school.

Student Arrival at School

Students are to arrive at school from **8:15**. This is for the safety of your children as staff are not always at school before this time or preparing lessons for the day ahead. Your cooperation in this is much appreciated.

HEALTHY LUNCHES

Back to the everyday lunch box packing; the rules that we follow at SJ are that the students eat something healthy first then they eat a snack.

We are a Smart Choices School, which means that we have Green, Amber and Red food guidelines.

Smart Choices is based on the *Australian Guide to Healthy Eating* and classifies foods and drinks into three categories according to their nutritional value:

Green - Have plenty - encourage and promote these choices

Amber - Select carefully - do not let these foods and drinks dominate the choices and avoid large serving sizes

Red - Occasionally - not to be supplied on more than two occasions per term.

Soft drinks and chocolates are not in the Green and Amber areas; please do not include them in your child's lunch or breakfast.

MEET & GREET AFTERNOON WITH Q PARENTS INFO SESSION

All are invited to a lovely afternoon on Wednesday 31st January from 3.15pm until 5pm where we will conduct a QParents Information Session. A nice afternoon tea will be provided by the school.

Christine Pascoe

Principal

News & Notes



Innisfail Dramatic Arts

Is looking for enrolments for the production Aladdin.

Dates are as follow: 5th Feb and the 12th Feb

Location : Scout Hall Goondi Bend

Times: 3:30pm to 4:30pm.

Ages: Prep to 14 years of age.

Any question please ph. Erika Swiney
0434149658, home ph. 40642150

Or pm Erika [swiney](#) on Facebook or like us on [Facebook](#) Innisfail Dramatic Arts.

STARTS THURSDAY 25TH JANUARY 2018



SOUTH JOHNSTONE STATE SCHOOL

Every Thursday

8.30am to 10.30am

Fully registered with Playgroup Queensland.
Free membership is required after the 2nd visit.

BRING A HAT & HEALTHY SNACK

\$2 DONATION



Community Support Centre
Innisfail Presents February's
Recreation Day:

**Baby/Child Massage with
Liz Thomas**

Would you like a Simple Parenting Tool that can.....

- Help you understand your baby's/child's body language
 - Help your baby/child relax and sleep better
 - Relieve tummy pains, colic & constipation

You can learn simple step by step baby/child massage techniques that will show you how to calm and connect with your baby/child.

When: Monday 19th February

Time: 9.00am to 11:00am

Where: Community Support Centre Innisfail
13-17 Donald Street (orange building)

Cost: Free

Please call Reception on
40438400 to book your spot!



**BOOK PACKS
2018**

- ◆ All students are supplied their full book list from the school for 2018
- ◆ Invoices will be generated in the next week or two and sent home. Payment plans are available. Please see Mrs Hofmann in the office.
- ◆ Book packs work out much cheaper for our parents as we buy in bulk and invoices are less GST
- ◆ **We can no longer charge for reams of paper or tissues, so we are asking that ALL families donate 1 ream of good quality white copy paper and a box of tissues per child. Please give to your child/childrens teacher or drop off to the school admin office. We would appreciate this very much!**

THANKYOU!!



Phone 13 17 88